RARE MEDIUM ACADEM

# Grab & Go

PREP TIME 20 MIN | COOK TIME 10 MIN | SERVES 10

## JAPANESE BURGER (CHUCK AND BRISKET BURGER) Method

#### INGREDIENT LIST

- 1. For Patties: Mince chuck and brisket (70% meat 30% fat) on an 8mm grind, season with salt and pepper. Form and press into patties, place on a lined tray, cover and refrigerate overnight.
- 2. Place on grill, cold. Cook for 3-4 minutes each side or until cooked to your liking. Place cheddar cheese slices on patties to melt.
- 3. For Sauce: Heat a saucepan over medium heat, add all ingredients and stir to combine. Simmer for 1-2 minutes or until desired thickness.
- 4. Assembly: Toss cabbage in sesame dressing. Place roll bases on a board, spread with mayonnaise, top with cabbage. Top with patty and cheese. Add Tonkatsu ketchup, pickles, and bun lid.
- 5. Serve with kumara fries.

#### Beef

- · 750g whole beef chuck with fat cap, silver skin trimmed, diced
- 74 og point end brisket, silver skin trimmed, diced

### Other ingredients

- · Salt and pepper to season
- 10 cheddar cheese slices
- · 500g cabbage, fine chiffonade
- 3og roasted sesame dressing
- · 10 burger buns, split, toasted
- · 200g kewpie mayonnaise
- 150g Japanese pickles

#### Tonkatsu Ketchup

- 80g ketchup
- 8omls sake
- 80mls Worcestershire sauce
- · 4 omls Soy sauce
- · 40g Tonkatsu sauce
- 8omls water

### Serving Suggestions

Kumara fries

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